Our Vision

To enable and empower women from Coventry and the surrounding areas to take control of their lives and move forward with our Social, Health and Economic projects. Education, training, health and employment support.

Culturally sensitive, women only and with language support.
Crèche available.

70 - 72 Elmsdale Avenue, Foleshill, Coventry, CV6 6ES
Telephone: 024 7663 7693
T: @FWTCov
F: www.facebook.com/FWTCov
Email: office@fwt.org.uk
Website: www.fwt.org.uk

Location and Access

Bus routes from the city centre are the 20, 20A, 20E and 48. All buses travel down the Foleshill Road. You will need to exit at the Wheatsheaf bus stop.

Opening Hours

Monday - Friday: 9:00am to 3:00pm

Coventry Women’s Partnership

SUPPORTING WOMEN - CONNECTING SERVICES

Coventry Women’s Partnership is a unique 3-year project, led by FWT – A Centre for women, which has been created with 5 organisations in Coventry to ensure women in the city feel supported in safe environments, empowered and believed. We want to break down barriers in access to crucial services, and to make support easier. Our partnership includes Coventry Haven Women’s Aid, CRASAC, Coventry Law Centre and Kairos WWT. Coventry Women’s Partnership is funded by the Smallwood Trust.

Through referrals across the partnership, we will work with women who need support in any of the following areas:

• Education, Training and routes to Employment
• Confidence Building
• Free Legal Advice including Debt Advice
• Health & Wellbeing Support & Easier Access to Services
• Rape & Sexual Abuse, Accessing Therapeutic Support and Advocacy
• Domestic Violence and Abuse (all forms)
• Pathways to Exiting Prostitution, Homelessness & Drug Addiction
• Staying Safe
• Language Support
• Access to Childcare

Our research partner, The Women’s Budget Group, will be working with us to evaluate this visionary & innovative project.

To receive support or to make a referral, please contact: faye.pettitt@fwt.org.uk, (024) 7663 7693
Twitter: @FWTCov  #CovWP
Website: www.fwt.org.uk

Activities Programme

January - March 2020

Supporting women through our Social, Health and Economic programmes across Coventry.
Activities taking place at FWT

**Monday**
- Midwife Led Clinic with MAMTA
  - 9.00am - 12.00pm
  - English
  - 12.30pm - 3.00pm (Adult Education)

- Advice & Guidance
  - Job Activities
    - Advice & Guidance appointments only.

**Tuesday**
- MAMTA - Child & Maternal Health
  - Parent Craft with exercise session
    - 9.00am - 12.00pm
    - Language Supported
  - ESOL Pre-Entry
    - 9.30am - 12.00pm
    - (Coventry College)
  - ESOL Pre-Entry (WEA)
    - 12.30pm - 2.30pm

- Conversational English (CRMC)
  - 12.30pm - 2.30pm

**Wednesday**
- Maths
  - 9.15am - 11.45am

- Basic IT Skills for Employment
  - 10.00am - 11.30am

- ESOL Entry Level 1 & 2
  - 12.30pm - 2.30pm

**Thursday**
- Maths
  - 9.15am - 11.45am

- Basic IT/Job Support
  - 10.00am - 11.30am

- ESOL Entry Level 1 & 2
  - 12.30pm - 2.30pm

**Friday**
- Women's Wellbeing
  - Coffee Mornings
    - 10.00am - 12.00pm

- ESOL
  - Entry Level 1 & 2
    - 12.30pm - 3.00pm (Adult Education)

- Advice & Guidance
  - Job Activities
    - Advice & Guidance appointments only.

To book on any of our courses, contact Tirth on 024 7663 7693 or email tirth.hyare@fwt.org.uk

Integration Projects
FWT are working with Coventry City Council and partners to support women within two Resettlement Programmes. The integration team are providing holistic wellbeing activities, bespoke learning and skills.

Cervical Screening Awareness Programme
Helping ethnic minority women overcome barriers to attend Cervical Screening.

MAMTA

Your Future, Your Integration!
Supporting Refugee women & migrants by delivering a broad range of services in women only environment, providing in-depth community participation programmes to help participants to take a more active role in the community. For details about eligibility criteria, dates & times, please contact Zivar Sahaf or Maryam Baboli on 024 7663 7693.

Perinatal Mental Health - Mums Moving Forward
FWT are working with the Perinatal Mental Health Team (CWPT) and MAMTA (F HLS). The aim of the project is to educate and support BME (Black and Minority Ethnic) women in Coventry through antenatal and postnatal period around their emotional wellbeing.

Health Workshops run in the community by MAMTA (F HLS)
For more information ring 024 7663 7693

Contact Noreen.Bukhari@fwt.org.uk or ring 024 7663 7693 to speak to the health team.

For more information on all of our activities contact FWT on 024 7663 7693