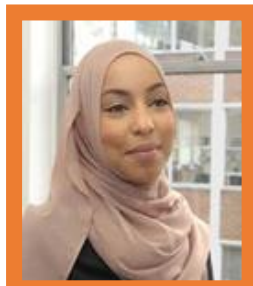


## Maternity

# Support for Black, Asian or any other Minoritised ethnicity (BAME) pregnant women



**If you are pregnant and you identify as a BAME - Black, Asian or any other Minoritised ethnicity we want you to know...**

**We are here to support you.**

**Do you have concerns about your pregnancy or maternity care because of your ethnicity?**

Research produced during Covid-19 outbreak has shown that pregnant women from black, Asian and Minoritised backgrounds (which we often refer to in the NHS as BAME backgrounds) have an increased chance of having worse symptoms of Covid-19 that requires hospitalisation ( 4x times the chance). Research is on-going to explain the reasons for why this is the case so we can provide appropriate care.

In these uncertain times we want to support you with any worries you might be experiencing about coming to or staying in hospital. We would like you to know that we are here to help and support you.



## Patient Information

- If you are in established labour, a birth partner who doesn't have any Covid-19 symptoms can be with you to support you.
- We have translation services available both face to face and over the telephone if needed. Please ask your midwife to make arrangements for this.
- If you are staying on the ward, we have restricted visiting which allows one birth partner to visit wards 24 and 25 between midday and 4pm. We have midwives, student midwives and support staff who are all there to support and help you when your birth partner is not there.
- If you have any concerns that your ethnicity might be affecting the type of care you're receiving please call 02476967333.

MAMTA offer support to BAME women to help improve outcomes for mum and baby in pregnancy and after baby is born in certain areas of Coventry. If you want 1-1 peer support (with language support available) & health messages including breastfeeding, and education around your pregnancy please speak to your midwife or call MAMTA on 07538 092956 or 0247663 7693 or email [purvee.rajput@fwt.org.uk](mailto:purvee.rajput@fwt.org.uk)

If you are anxious or have low mood and would like some 1-1 peer support to manage your anxiety please contact [surinder.nagra@fwt.org.uk](mailto:surinder.nagra@fwt.org.uk). Please visit [www.fwt.org.uk](http://www.fwt.org.uk) (for both MAMTA & Perinatal BME support)

Your midwife will be asking you at every antenatal check if you are experiencing any symptoms of Covid-19. This is to try to keep you and your baby safe. We encourage all women from a BAME background to take Vitamin D supplements. Ask your midwife, GP or obstetrician to prescribe these for you.

If you have any Covid-19 symptoms, please call 111 and they will be able to advise you. If you have Covid-19 symptoms and other pregnancy related issues please call Labour ward on 02476967333

Lines are open 24hours a day.

## Patient Information

These are the symptoms to be aware of:

- A raised temperature or fever experienced in the last 24 hours.
- A cough
- Flu like symptoms
- Loss of taste & or smell

Please let us know if you have any of these symptoms on the phone number above. We are here for you.

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The Trust has access to interpreting and translation services. If you need this Information in another language or format please contact us on 02476967350 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email [feedback@uhcw.nhs.uk](mailto:feedback@uhcw.nhs.uk)

### Document History

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